6TH REPORT OF THE
COMMUNITY SAFETY AND CRIME PREVENTION
ADVISORY COMMITTEE

Meeting held on June 22, 2005, commencing at 12:15 p.m.

PRESENT: D. Anstead (Chair), K. Balderston, J. Bennett, M. Murton, L. Norman, and M. Sherritt and B. Mercier (Secretary).


I YOUR COMMITTEE RECOMMENDS:

1. That the Mayor BE REQUESTED to write a letter of support, on behalf of the Municipal Council to the Premier of Ontario with respect to Bill 128 the Law Enforcement and Forfeited Property Management Statute Law Amendment Act, 2005, in its second reading, which is an amendment of various acts related to increased enforcement powers with respect to electrical, fire safety and municipal matters, increased penalties for building, electrical and fire safety offences and expanded powers of management of property forfeited, or that may be forfeited as a result of marijuana growing operations; it being noted the letter of support will express concerns with respect to hydro and children's health and safety and will encourage that Bill 128 be fast tracked through the House of Commons.

II YOUR COMMITTEE REPORTS:

Update on Police Activities and Citizen911 Conference

2. (2) That the Community Safety and Crime Prevention Advisory Committee (CSCP) received the attached report and heard a verbal update from S. McNeil, London Police Services with respect to Year to Date Crime Statistics for the period ending May 31, 2005. The CSCP also heard a verbal report from S. McNeil with respect to attendance at a conference in Barrie, Ontario on "Citizen911", an email-based program being launched by the Barrie Police Service as a way to better inform the community with respect to local criminal activity, crime prevention, community events etc.; it being further noted that the CSCP requested S. McNeil to provide additional information at its next meeting on "Citizen911" funding and sign-up population.

Update on Fire Activities

3. (3) That the Community Safety and Crime Prevention Advisory Committee (CSCP) received the attached report and heard a verbal update from J. Wever, London Fire Services with respect to May 2005 statistical information; it being noted that the CSCP has requested J. Wever to provide the CSCP with areas of the London Fire Services that the Committee may become involved in with respect to programs on fire safety for its next meeting; it being further noted J. Wever has arranged for a free copy of the SMARTRISK quarterly newsletter to be provided to members of the CSCP beginning September 2005.

London Block Parent Program

4. (4, 14) That the Community Safety and Crime Prevention Advisory Committee (CSCP) heard a verbal update with respect to the London Block Parent Program Report from its meeting held on April 26, 2005; it being noted that oversight of the London Block Parent Program funding has changed from the City Clerk’s Division to Community Services Department; it being further noted that the London Block Parent Program will be hosting a fundraiser on October 30, 2005 at Wolfe Theatre in Galleria Mall to assist their Program.

2006 Budget Request

5. (6) That the Community Safety and Crime Prevention Advisory Committee (CSCP) considered its 2006 Budget requirements and determined that its 2006 Budget request should remain at the same level at its approved 2005 Budget.

Budget Update

6. (7) That the Community Safety and Crime Prevention Advisory Committee (CSCP) received a summary of its 2005 Budget; it being noted that the Committee Secretary was requested to research previous reports for expenditures approved but not yet expended against the 2005 budget.
7. (9) That the Community Safety and Crime Prevention Advisory Committee (CSCP) received and noted a Municipal Council resolution from its meeting held on March 7, 2005 with respect to Public Access Defibrillation Programs; it being noted the Committee Secretary was requested to provide a copy of the Public Access Defibrillation Report on the next agenda of the CSCP.

8. (10) That the Community Safety and Crime Prevention Advisory Committee (CSCP) deferred discussion of potential anti-violence initiatives until its next meeting.

9. (11) That the Community Safety and Crime Prevention Advisory Committee (CSCP) heard a verbal update and received the attached handouts from J. Scarterfield with respect to the Safegrad Workshop 2005 held on March 3, 2005 at the Education Centre, Thames Valley District School Board.

10. (12) That the Community Safety and Crime Prevention Advisory Committee (CSCP) heard a verbal update from the Committee Secretary with respect to the Canada Safety Council Membership.

11. That the Community Safety and Crime Prevention Advisory Committee (CSCP) received and noted the following:

(a) the 5th Report of the Community Safety and Crime Prevention Advisory Committee (CSCP) from its meeting held on May 26, 2005;

(b) the Neighbourhood Watch Board of Directors minutes from its meeting held on May 17, 2005; it being noted that the Neighbours Night Out Event held on June 15, 2005 was a tremendous success, with every city ward participating;

(c) the proposed 2006 Budget Timelines Calendar; and

(d) the “Living Safety” Summer 2005 newsletter.

12. That the Community Safety & Crime Prevention Advisory Committee will hold its next meeting on September 22, 2005.

The meeting adjourned at 1:55 p.m.
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Period Ending: May 31, 2005

Year to Date Crime Statistics

London Police Service
Welcome to the Barrie Police Service CITIZEN911 information page. Please read the following carefully before subscribing to our CITIZEN911 Program. NOTE: There is no cost to join CITIZEN911.

CITIZEN911 is an email based program being launched by Barrie Police Service to better inform our community as to information on local criminal activity, crime prevention, community events and other items of interest.

While CITIZEN911 will provide information on an ongoing basis, it is not merely a newsletter or email bulletin. Rather, CITIZEN911 is designed to make each message relevant to the subscriber who receives it. This is accomplished by using the information provided by the subscriber at the time of registration as to their geographic location and affiliations.

General messages regarding crime prevention or crime alerts would be forwarded to all subscribers of the CITIZEN911 program. Messages relevant to a specific geographic area or subscribers based on their affiliation are forwarded to those subscribers. The intent of the CITIZEN911 process is to increase the relevance of the messages sent by CITIZEN911 to each subscriber thereby keeping them better informed.

The CITIZEN911 program is designed to enhance overall community sense of well being by providing better communication between the Barrie Police Service and the community we serve. CITIZEN911 provides a real means by which our businesses and residents can assist in making our community safer by participation in our CITIZEN911 program.

Sir Robert Peel, the father of modern policing developed thirteen principles of policing in the 1800s. The most meaningful of these is the one that states that the "Police are the Public and the Public are the Police". This principle stresses that while police officers are compensated to devote their working hours to policing, the public is an integral part of the partnership and their involvement is paramount to the security and well being of the community at large.

Thank you for your interest in CITIZEN911. Please be advised that any information provided is strictly for the use of the CITIZEN911 program and as such will not be shared with any third party except under due process of law.

To subscribe to CITIZEN911 please make your selection below. Upon making your selection you will be directed to a MAP of Barrie. This MAP will assist you in locating the zone number where you live or where your business is located. It is very important that you note this number as it is required for the registration process. Follow the instructions and links to complete your registration to CITIZEN911.

YES I WOULD LIKE TO SUBSCRIBE TO BARRIE POLICE SERVICE CITIZEN911

Click the approximate location of the address you wish to register with CITIZEN911. A Map Page will open with a more detailed view along with a zone number.

When the Map Page opens locate the address location and make a note of the zone number for that area, you will require this number when you get to the CITIZEN911 Registration page.

http://citizen911.police.barrie.on.ca/Citizen911/citizen911zonetest.htm

6/22/2005
MONTHLY REPORT TO THE COMMUNITY SAFETY
& CRIME PREVENTION ADVISORY COMMITTEE

Julliane Wever, Public Fire & Life Safety Educator

Statistical Information

<table>
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Fire Prevention

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Personnel Distribution

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SAFEGRAD WORKSHOP 2005

London, March 3, 2005 – With over 4,000 local high school students expected to attend Spring graduation events, planning committees were urged to be prepared and plan ahead. 84% of the schools in the London District Catholic School Board and the Thames Valley District School Board attended Safegrad Workshop 2005 at the Education Centre, Thames Valley District School Board.

Substance abuse, responsible and irresponsible behaviour, the duty of friends, the consequences for actions, and leadership are all part of what students must consider when planning their graduation celebrations. The workshop brought awareness to multiple situations that can unexpectedly occur at or shortly after this milestone event for example excessive drinking, drug use and sexual pressures. The workshop also brought awareness to anticipate the unexpected challenges such as impaired driving, violence, sexual assault and emergency situations.

For the Record, a video promoted by Parent Action on Drugs and the Ontario Drug Awareness Partnership, kept participants wondering if it was real or acting. In June 2000, a young filmmaker witnessed an incident of alcohol poisoning at his “after-grad” party and decided to produce a video to help students develop safety strategies to reduce their risks.

Michael Lerner, well-known city Lawyer and avid Safegrad supporter engaged the audience in a presentation about how the law works when party activities get out of hand.

Motivational speaker and Safegrad Master of Ceremonies, Andy Thibodeau, Impact Presentations, facilitated the workshop. Andy’s inspiring message of student leadership encouraged participants to make positive choices for themselves and their schools. Care is Contagious...but as a leader, it must start with ME!

The workshop included concurrent sessions for smaller student groups to discuss the issues presented. Representatives from education, health, law enforcement, transportation, and event planning shared their expertise and resources with the students, enabling them to plan their own unforgettable and safe graduation night.

Safegrad Workshop 2005 brought over 200 high school students, staff advisors and professionals together for a day to focus on the many practical ways to plan a safer celebration. What did the students have to say about Safegrad? “Caring is contagious.” “Leadership starts with me!” “It was nice to see so many different people and organizations come together to make it the best experience possible for learning.” “I learned some new rules and regulations that will come into effect during our prom.” “I liked the honesty, the real life situations.” “I loved the whole day!”

Safegrad is a community coalition of concerned professionals. Our mission is to equip high school students with the information, skills, peer support and community support to plan safer celebrations, not just for grad or prom but throughout the year.

www.safegrad.com

Safegrad Workshop 2005

Thursday, March 3, 2005
8:30 a.m. - 2:00 p.m.
Education Centre
Thames Valley District School Board
1250 Dundas Street, London

Safegrad Celebration Program is a community partnership whose mission is to equip high school students with information, skills, peer support and community support to plan safer celebrations, not just for grad or prom but throughout the year. For more information visit www.safegrad.com.
Safegrad Workshop 2005 is brought to you due to the generous donations of the following organizations:

Chartwells
Educational Dining Services

London District Catholic School Board

MADD* London Chapter

Trauma

Gowan Formal Wear

Ontario
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Committee Members .............................................................. 19
<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
<th>Location</th>
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<tbody>
<tr>
<td>08:30 - 09:00</td>
<td>Registration&lt;br&gt;Morning Break: Sponsored by Chartwell's View Displays</td>
<td>Thames Room (gymnasium)</td>
</tr>
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</table>
| 09:00 - 09:20| "Leaders Dare to Care"
Andy Thibodeau, Impact Presentations, Master of Ceremonies | Thames Room                             |
| 09:30 - 10:00| "For The Record"
Denise Polgar, Trauma Program, London Health Sciences Centre | Auditorium                              |
| 10:05 - 11:00| Concurrent Sessions                                                      | 1A - Auditorium<br>1B - Thames Room (gymnasium)<br>1C - Elgin Room |
| 11:00 - 12:00| Lunch: Sponsored by Chartwell's Displays<br>Community Resource Table    | Thames Room (gymnasium)                |
| 12:15 - 01:00| "Alcohol Liability"
Gordon Cudmore, Lawyer                                                  | Auditorium                              |
| 01:05 - 01:45| "Extreme Prom Makeover"
Facilitated by: Sue Gowan With Special Guests
Jim Anderson, Culinary Catering
Theresa Ferreira, Ferreira Party & Wedding                              | Thames Room (gymnasium)                |
| 01:45 - 02:00| "Safe Ideas to Wrap Up and Take Away"
Andy Thibodeau Evaluations • Goody Bags • Certificates                | Thames Room (gymnasium)                |
### Special Guest Presentations

<table>
<thead>
<tr>
<th>Time</th>
<th>Presentation</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>09:00 - 09:20</td>
<td>&quot;Leaders Dare to Care&quot;, Andy Thibodeau, Impact Presentations, Master of Ceremonies</td>
<td>Thames Room (gymnasium)</td>
</tr>
</tbody>
</table>

Andy Thibodeau, a former student leader at Laurier SS in London, returns for a fourth year as our Master of Ceremonies. Since 1992 Andy has taken his "Impact Presentations" to thousands of schools and youth conferences across North America. His assemblies and leadership workshops challenge young people to "get your hand up" to volunteer and "dare to care" about others. www.andypresentations.com

<table>
<thead>
<tr>
<th>09:30 - 10:00</th>
<th>&quot;For The Record&quot;, Facilitated by Denise Polgar, Trauma Program, LHSC</th>
<th>Auditorium</th>
</tr>
</thead>
</table>

*"For The Record"* - A young filmmaker witnessed a near-death incident at his after-grad party and decided to produce a video based on the incident to help students develop safety strategies. Denise Polgar, Injury Prevention Educator, Trauma Program, London Health Sciences Centre, will help participants identify the risks portrayed in the film.

<table>
<thead>
<tr>
<th>12:15 - 01:00</th>
<th>&quot;Alcohol Liability&quot;, Gordon Cudmore, Lawyer</th>
<th>Auditorium</th>
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</thead>
</table>

Gord Cudmore, well-known city Lawyer and avid Safegrad supporter details how the law works when things happen at parties.

| 1:05 - 01:45 | "Extreme Prom Makeover", facilitated by Sue Gowan with Special Guests Jim Anderson, Culinary Catering, and Theresa Ferreira, Ferreira Party & Wedding | Thames Room (gymnasium)   |

What's your decorating challenge for graduation? A gym that needs a total makeover to become your fantasy location for your prom...or is it a school cafeteria that has seen one-too-many sandwiches and needs a complete facelift to become a French café for “An Evening In Paris”? Maybe you are going to a hotel or hall that cries out for some personalized touches of glitter and pizzazz to make your event a night to remember!

Come and listen to the ideas of some expert decorators, learn about theme planning and even share some of your great ideas!
## Concurrent Sessions*

<table>
<thead>
<tr>
<th>Auditorium</th>
<th>Thames Room (gymnasium)</th>
<th>Elgin Room (maximum of 30 participants)</th>
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<tbody>
<tr>
<td>1A</td>
<td>Sex, Drugs, &amp; Rock 'n Roll: Why worry at a party?</td>
<td></td>
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<tr>
<td>1B</td>
<td>Transportation Choices: It could cost you big time!</td>
<td></td>
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<tr>
<td>1C</td>
<td>Get the 411 on Drugs &amp; Alcohol: Know the risks!</td>
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* The Concurrent Sessions are pre-assigned in order to have representation from each grad committee at different presentations.
* You can switch to another session if you switch with someone from your committee who then must go to your assigned session.

### 1A Sex, Drugs, & Rock 'n Roll: Why worry at a party?
Joyce Castanza, RN BScN, Middlesex-London Health Unit
Christine Hughes, Sexual Assault Centre London

- Interactive game-based session
- Effects of drugs and alcohol on vulnerability to sexual assault
- Risks and symptoms of the use of 'date rape drugs'
- Useful tips and community resources

### 1B Transportation Choices: It could cost you big time!
Constable Rob Black, London Police Services
John Warkentin, Regional Planner, Ontario Ministry of Transportation
Shannon Wilcox, Victim Impact

- What it cost me (Shannon)
- Impaired driving - the roadside experience (Rob)
- Ignition interlock - how it works - your new driving partner (John)
- How I could have changed my life from what it is today (Shannon)

### 1C Get the 411 on Drugs and Alcohol - Know the Risks!
Kristin Trotter, BA, CYW, Addiction Services of Thames Valley

- Effects/Risks of Alcohol, Marijuana, Cocaine and Ecstasy
- Understanding “standard drink,” “blood alcohol concentration,” being “sober”
- Keeping yourself safer if you choose to use substances.
PARTY PLANNING
IT MAKES ALL THE DIFFERENCE

And you don’t have to be Martha Stewart to do it!

This is a big memory moment in your life and you want it to be special... forever captured as 'one great party – the best'. It's gonna' take some work. But it is worth it! Some students complain that there is nothing happening at the grad – they are uncomfortable at the dinner and then there is this painful lull that happens before dinner and at the dance. If you want to have a good party, you have to plan a good party! And you don’t have to be drunk to enjoy a good party!!! But it won’t just happen by itself. Good planners will tell you that you need to carefully strategically plan in 15-20 minute flexible segments without making it look or feel like it is carefully orchestrated, even though it may be!

SELL THE SIZZLE BEFOREHAND

If people come expecting something good to happen, it is much easier than having to prove to them all night that they are having a good time. Generate excitement and find ways to get a number of people involved in that process. Release bits of information along the way.

DO THE UNEXPECTED – SURPRISE THEM

The first 20-30 minutes can make or break an evening – other than guys saying "hey" and girls saying "oooh, I like your dress, (hair, shoes etc)”, what else is there for them to do? Get pictures taken or have a speaker’s corner set up with a video cam. Create a sidewalk of fame. Trace footprints like in Hollywood – make your own walk of fame. Roll out a red carpet and have people arrive to the paparazzi (convince some people to come with cameras and lots of flash bulbs). Have some people assigned to welcoming people (take turns as a committee) and let them know what to expect and set them at ease (the security guards aren’t usually the warm fuzzy types!) Plan some simple appetisers with your punch in case some have had some alcohol beforehand.
PARTY PLANNING
IT MAKES ALL THE DIFFERENCE

KEEP IT HAPPENING

Several brief slide/power point presentations throughout the evening are easier to take than one long one. Cover the early years 0-10 between salad and the main course with an interesting script. During dessert, cover the current years – pictures, anecdotes of the last several years, fond memories. After four or five dances, cover the future years, have pictures of people staged ahead of time to what they will be doing in the future. These can be quite funny and keep people interested. A couple of people with digital cameras can do a dynamite job!

One school did a limbo contest as they had a Caribbean theme.

And one with a retro theme had someone giving jive lessons. That way, even people who didn’t come with dates could get involved. Salsa lessons would be fun!

LET PEOPLE KNOW THEY ARE SPECIAL

Awards – these are the fun awards - not the scholastic/sports stuff at that very long assembly! Do five at a time throughout the evening (most memorable moment awards, worst jokes awards, most interesting hair/ piercing/ makeup/ clothing award, most seen but not heard awards, most interesting excuse for not having an assignment done award). Make sure you include everyone, not just the “in” crowd. And make sure that the awards are not demeaning or belittling in any way.

One school that did an “Atlantis” theme presented “dead fish” awards and handed out pathetic looking plastic fish. Another school that had “Evening in Paris” as their theme gave out “funky berets” decorated with fabric paint designs on them for all their awards. What fits for your theme? – brainstorm – you’ll be surprised what you come up with!

CREATE THE MOOD

Appeal to the senses – sound, sight, touch, smell and taste – think about what sounds add to your theme - sound of waves for a Caribbean tropical paradise, traffic for a New York theme, Mexican salsa music playing for a fiesta theme. If your invitations have stars on them, see if you can get something to project stars on the wall or ceiling to add to the mood for the evening. Make a few palm trees to set the theme again for the Caribbean group. Make a backdrop for pictures or tell your photographer your theme so he may plan for it too. One group that had “Secret Garden” as their theme brought in a garden trellis archway decorated with flowers and had pictures taken in it!
PARTY PLANNING
IT MAKES ALL THE DIFFERENCE

GET HELP AND RELAX

Good hosts and hostesses shouldn't be running around like the proverbial chickens with their heads cut off the day of the party. Ask parents, teachers or non-graduating students for help with set-up, cleanup, and with awards presentations. This requires planning ahead and knowing what help you need so you can enjoy the evening too. It also requires you to write some thank you notes after the event – but it is worth it!

DECORATIONS

These don't have to be expensive but do make the evening special. You have to plan and budget for these. If you have a theme that suggests certain colours (i.e. Mardi Gras is purple, green and gold) or school colours, balloon bouquets can reflect these. Small mirror squares (12" x 12") available at building supply stores, placed under the candles on the tables, reflect light and dress up a table. Make sure you talk to your venue contact if it is a hotel or restaurant prior to purchasing supplies and ask what is permissible and what they provide. Communication is critical. And come with a plan as to who is cleaning up these decorations after your event. If you need ideas, go look online at www.andersonsparty.com. This is an American website (remember US $ conversion and shipping – whew!) probably out of your league financially but it might give you some good ideas that you can accomplish in your school much, much cheaper. They do have a catalogue that you can order.

Plan for the safety of your friends

You might want to serve some snacks or a later dessert in the evening so if some are attending an after grad, they have some food in their stomachs and aren't as inclined to overindulge if they choose to drink. Don't serve salty snacks though because that just makes them thirstier. Make your event sooooo interesting and fun that people don't just leave to drink because there was nothing happening.

Use your imagination and have fun with it.
For more information go to www.safegrad.com ....
HOPE THESE IDEAS HELP MAKE THIS EVENING ONE TO REMEMBER FOR A LIFETIME!
Time-Line and Check List for Safe Party Planning

March

☐ Check out www.safegrad.com, “Getting Ready…”

Make sure the School Gym is available! Or Book your preferred banquet site!

☐ Interview venue host to inquire about safeguarding guests
☐ Inspect the site for safe lighting, washroom facilities, ventilation, running water, no balconies
☐ Do not exceed recommended room capacity
☐ Determine cost of the site and services including tax, “extras”
☐ Rent places that only have one client (e.g. no other schools sharing the same place)

Keep fundraising, you’re almost there!

☐ Make plans now with retailers for fashion show as a fundraiser and to highlight Safegrad

Book services

☐ DJ
☐ Security
☐ Limos
☐ Catering
☐ Decorations
☐ Other
☐ Photographer
☐ Florist

Tickets

☐ Design with “Call Me” contract on back
☐ Arrange printing

April

☐ Start a prom or party bulletin board
☐ Survey students about their “dream grad”. Include questions on safety concerns.
☐ Hang posters and make announcements promoting responsible behaviour (e.g. No drinking and Driving)
☐ Post a set of party-rules for “before the party” and “at the party”
☐ Arrange for videos and/or speakers for assemblies
☐ Plan a fashion show
☐ Last chance to book services
☐ Finalize prom ticket price and print
☐ Sign/finalize contracts with all services
Time-Line and Check List for Safe Party Planning

May

Events to promote safety
- Hold an assembly informing students about the details of their big night
- Contact your health unit for audio-visual resources for assemblies and morning announcements
- Host alcohol and drug awareness event in cooperation with OSAID, Student Council, MADD, and your local health unit
- Organize floor show, activities (e.g., fun awards for “Most likely to be millionaire”), slide shows, and entertainment (goggles, mocktails)
- Hold lunch time seminars or workshops on assertiveness, self defense
- Hold special assemblies (motivational speakers, educational theatre)

Safety messages
- Party with a friend you know and trust
- Benefits of an alcohol/drug – free event
- Dangers of impairment including drinking and driving, drinking games, alcohol poisoning, sexual assault, mixing alcohol and drugs, liability

And...
- Sell and distribute grad tickets
- Assign tasks to grad night volunteers and make sure everyone knows their job
- Send letters to students and parents re: consequences if students are intoxicated
- Hand out flyers about safe-partying
- Have students sign a “responsible behavior pledge” (see safegrad.com) when they purchase their tickets

Before the party
- Promote the rule: All guests must have tickets and be signed in
- Hire security guards, police and/or bouncers
- Invite adults you trust to your party to help you deal with problems
- Do not combine alcohol and potentially dangerous activities such as boating, driving, bike-riding, swimming, etc.
- Do not allow “in” and “out” privileges
- Pre-arrange transportation for guests (e.g., hire a bus for the evening, or hire limos and cabs)
Time-Line and Check List for Safe Party Planning

At the party
- Allow invited guests only
- Patrol washrooms / outside areas
- Have cell phones for student and staff organizers
- Have chaperones / security / police at party
- Ensure first aid kits are on hand
- Have lots of non-alcoholic drinks, water and non-salty foods
- Never leave drinks unattended and don’t accept open drinks

At your house party
- Do not serve alcohol to anyone under 19 years old
- Use plastic or paper cups and plates (non-breakables)
- Hire a bar tender with Smart Serve training to prevent drinking problems
- Don’t drink too much yourself, especially if you are the host
- Let people sleep over if they are drunk. Keep checking them until they are sober
- Serve juices and non-alcoholic drinks at least two hours before the party ends
- Don’t have a “last call”
- Confine the party to a certain area of the house. Lock bedroom doors. Remove valuables and private liquor stock
- Make sure no one drives while impaired
- Ask guests to hand in their keys when they enter the party
- Hand out “call me” cards, phone numbers for cab companies or alternative ride services
- Know the signs of someone who is impaired and needs medical attention
- Have someone available who is trained in CPR and first aid

Emergency!
- Know your guests and know who to contact in case of an emergency
- If someone comes to your party impaired, don’t let them in. Offer safe transportation home or call the police
- Stop the party and call the police if things get out of control
- Make sure guests are sober before leaving the party
- Call 911 if someone is throwing up or passing out after drinking too much alcohol too fast. Chugging can kill. Put the person in a side-lying recovery position and stay with them until Emergency Medical Services arrives

June
- Start selection and begin organizing next year’s Grad committee
Time-Line and Check List for Safe Party Planning

At the party
- Allow invited guests only
- Patrol washrooms / outside areas
- Have cell phones for student and staff organizers
- Have chaperones / security / police at party
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June
- Start selection and begin organizing next year’s Grad committee
SAFEGRAD.COM Website Index

Ideas
Reality Check
Links
Deadly Stuff
Getting Ready
Parents
What's Happening
Brought To You By

IDEAS
1. Send Us Your Ideas
2. Read Your Ideas
3. Safegrad.com's Ideas

REALITY CHECK
1. Pregrad
   a) Money, money, money...
      i) Fundraising basics
      ii) Show us the money!
      iii) Learn how to promote your events....!!
      iv) For other fundraising tips, click here!!!
      v) Click here to plan the perfect fashion show!!!
   b) Your Checklist for the Prom – Party Planning Checklist
      i) The Room
      ii) Invitations and Other Print Materials
      iii) Photographer
      iv) Decorations
      v) Entertainment
   c) A Timeline to Consider... - Timing is Everything!
      i) September - June
   d) Decorations & Themes
      i) Hall Decorating
      ii) Hire a Pro
      iii) Do It Yourself
   e) Stuff You Can Use
      i) School PA Announcements
   f) Your Invitations
   g) Photography Worksheet
   h) Transportation Worksheet
   i) Double Feature
SAFEGRAD.COM Web Site Index

2. Party Tips & Hosting Strategies
   a) House Rules
   b) Hosting Strategies

3. Sex
   a) Alcohol & Sex

4. Choose Your Ride
   a) A Safe Ride Home
      i) Transportation worksheet
      ii) Contract for life
   b) Drinking & Driving: What the law says

5. The Law & You: Being Sued Can Ruin a Good Party
   a) Legally Speaking
      i) Your party, your problem
      ii) Serving intoxicated patrons
      iii) Suing the Social Host
      iv) Losing control
      v) Expanding legal responsibility
      vi) No quick fix
   b) What you can do
   c) What you're on the hook for
      i) Providers
      ii) Occupiers
   d) The rise of alcohol Related Liability
      i) Expanded Duty to Control Others
      ii) Mandatory Breath & Blood Testing
      iii) Increases in Damage Awards
      iv) Restricting the Traditional Defences
   e) Call me contract
   f) What do the Laws say?

LINKS (web addresses)

DEADLY STUFF
1. Drugs & Alcohol
   a) Marijuana
      i) Just the facts
      ii) Effects of marijuana on school, sports, & other things
      iii) Spot the pothead
      iv) Marijuana & driving
      v) The law
      vi) Health
SAFEGRAD.COM Web Site Index

b) Ecstasy
   i) What is it?
   ii) Mixing Ecstasy with Alcohol
   iii) What does it do? Why is it bad for people?
   iv) The lethal part

c) Alcohol Poisoning
   i) What is it?
   ii) How can you tell?
   iii) The recovery roll
   iv) Alcohol and your health: A checklist
   v) The Bacchus Manoeuvre

d) Mixing It Up
   i) Alcohol and other drugs don’t mix!
   ii) Booze n’ Drugs

2. Rape Drugs
   a) Sexual Assault & Drug Misuse
      i) Some of the Illegal Drugs Misused for the Purpose of Sexual Assault
      ii) Protect Against Drugs Being slipped Into Your Drink
      iii) Get help if You Suspect You Have Been Drugged

GETTING READY
   a) Money, money, money...
      i) Fundraising basics
      ii) Show us the money!
      iii) Learn how to promote your events...!!!
      iv) For other fundraising tips, click here!!!
      v) Click here to plan the perfect fashion show!!!
   b) Your Checklist for the Prom – Party Planning Checklist
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      i) School PA Announcements
      ii) Your Invitations
      iii) Photography Worksheet
      iv) Transportation Worksheet
      v) Double Feature
SAFEGRAD.COM Web Site Index

PARENTS
1. Law & You (link)
2. Contract for Life (link)
3. I Trust My Teen
   a) If Your Son/Daughter is Hosting a Party
   b) If Your Teen is Attending a Party

WHAT'S HAPPENING
1. Safegrad events and dates
In Case of a Crash:
What to do if you are involved in or witness a motor vehicle collision

1. **Remain at the scene.**
   You must offer assistance and provide personal, vehicle and insurance information to any person who has suffered a loss or damage as a result of the collision.

2. **Look for immediate danger.**
   If you see hydro lines on or near the vehicle, or you suspect electrical currents could be running through or surrounding the vehicle, stay inside the vehicle until properly trained personnel make the situation safe for everyone involved.

3. **Determine injury/Call for help.**
   If you can safely exit your vehicle, determine if anyone is injured and provide first aid, if possible. If you can't provide first aid, you must make arrangements for injured people to receive medical treatment. If anyone is injured as a result of a collision, you must contact police.

4. **Move vehicles to the side of the road if possible**
   If vehicles are posing a safety hazard move them to the side of the road or to a safe location. If not movable, try to provide some warning to oncoming traffic in order to prevent a secondary collision.

5. **Stand away from the vehicle, off to the side of the road.**
   Other motorists may not be paying attention to their driving and secondary collisions may result. Standing away from your vehicle will lessen the likelihood of further injury.

6. **Assess damage to the vehicle. Contact the police if damage is >$1,000.00.**
   If you are involved in a collision with another vehicle, and the apparent damage is over $1,000.00 to one or both vehicles, the police must be contacted. Both drivers may be directed to attend the Police Reporting Centre to file a report.

7. **Contact the police if alcohol or drugs are involved or if the collision damages highway property.**
   If there are injuries, or if criminal activity is involved in the collision a police officer must attend the scene to investigate. A police report must be filed if the collision results in damage to highway property, e.g. fencing, traffic lights, and traffic signs.

8. **You can make arrangements to cover damages without insurance companies if damage is <$1,000.00 and if all parties agree.**
   The Highway Traffic Act mandates drivers to exchange:
   - Names, addresses, driver's license numbers
   - Provinces that issued the driver's license
   - Insurance company names and policy numbers
   - Names and addresses of the registered owner of the vehicle
   - License plate numbers

9. **Do not discuss fault or admit liability.**
   You should not discuss fault or make any admissions of liability.

Common Sense Must Be Used In All Situations
<table>
<thead>
<tr>
<th>Local Resources</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Addiction Services of Thames Valley</strong></td>
<td>256 Pall Mall Street, Suite 200 London, ON N6A 5P6 (519) 673-5242</td>
</tr>
<tr>
<td><strong>Anonymous HIV Testing</strong></td>
<td>(519) 673-4427 (519) 631-9971</td>
</tr>
<tr>
<td><strong>Centre for Addiction and Mental Health Addiction Research Foundation</strong></td>
<td>London Area Office 171 Queen Street, Suite 330 London, ON N6A 5C7 1-800-463-6273 or (519) 433-3171</td>
</tr>
<tr>
<td><strong>Family Doctor or St. Thomas Walk – in Medical Clinic</strong></td>
<td>230 First Avenue St. Thomas, ON (519) 633-9627 (Recorded message gives hours and doctors on duty. No appt. necessary)</td>
</tr>
<tr>
<td><strong>Ingersoll Police Service (OPP)</strong></td>
<td>1-888-310-1122</td>
</tr>
<tr>
<td><strong>London Police Services</strong></td>
<td>661-5670</td>
</tr>
<tr>
<td><strong>Ontario Provincial Police</strong></td>
<td>London (519) 681-0300 Tillsonburg (519) 689-6541 Elgin (519) 631-2920</td>
</tr>
<tr>
<td><strong>Oxford Community Police Services</strong></td>
<td>(519) 421-2800</td>
</tr>
<tr>
<td><strong>Police Department City of St. Thomas</strong></td>
<td>(519) 631-1364 (non-emergency)</td>
</tr>
<tr>
<td><strong>Public Health Nurse at School or Health Unit</strong></td>
<td>County of Oxford Board of Health &amp; Emergency Services 410 Buller Street Woodstock, ON N4S 4N2 (519) 539-9800 / 1-800-755-0394 ext. 214 Elgin St. Thomas Health Unit 99 Edward Street St. Thomas, ON (519) 631-9900 Middlesex-London Health Unit 50 King Street London, ON N6A 5L7 (519) 663-5317</td>
</tr>
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Local Resources (cont')

<table>
<thead>
<tr>
<th>Service</th>
<th>Contact Information</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sexual Assault Centre London (Support Line)</td>
<td>(519) 438-2272</td>
</tr>
<tr>
<td>Sexual Health Clinics</td>
<td></td>
</tr>
<tr>
<td>Middlesex London Health Unit Birth Control and STD Clinics</td>
<td>(519) 663-5446</td>
</tr>
<tr>
<td>Elgin St. Thomas Health Unit</td>
<td>(519) 631-9971</td>
</tr>
<tr>
<td>Oxford County Board of Health</td>
<td>(519) 539-4431</td>
</tr>
<tr>
<td>Violence Against Women Services</td>
<td></td>
</tr>
<tr>
<td>Elgin County</td>
<td>(519) 633-0155 or 1-800-265-4305</td>
</tr>
<tr>
<td>Woodstock</td>
<td>Women's Emergency Centre: (519) 539-4811 / 1-800-265-1938</td>
</tr>
<tr>
<td>London-Middlesex</td>
<td>Women's Community House 24 hr helpline: (519) 642-3000 or 1-800-265-1576 or 642-3003 (business line)</td>
</tr>
<tr>
<td></td>
<td>London Abused Women's Centre: (519) 432-2204</td>
</tr>
<tr>
<td></td>
<td>Women's Rural Resource Centre Strathroy and Area 24 hr Crisis Line: (519) 246-1526 or 1-800-265-5390</td>
</tr>
</tbody>
</table>
## Provincial Resources

<table>
<thead>
<tr>
<th>Organization</th>
<th>Address/Phone</th>
<th>Website</th>
</tr>
</thead>
<tbody>
<tr>
<td>Al-Anon/Alateen</td>
<td>P.O. Box 944, Stn. B, London, ON N6A 5K1 (519) 457-9393</td>
<td><a href="http://www.ai-anon.org">www.ai-anon.org</a></td>
</tr>
<tr>
<td>Alcohol Policy Network</td>
<td>Ontario Public Health Association 468 Queen St. E., Suite 202, Toronto, ON M5A 1T7 (416) 367-3313 x. 223</td>
<td><a href="http://www.apolnet.org">www.apolnet.org</a></td>
</tr>
<tr>
<td>Association to Reduce Alcohol Promotion in Ontario</td>
<td>750 Oakdale Rd., Unit 80, Toronto, ON M3N 224 (416) 740-9593</td>
<td><a href="http://www.apolnet.org/actpacks/rt_adv3.html">www.apolnet.org/actpacks/rt_adv3.html</a></td>
</tr>
<tr>
<td>Canadians for Safe &amp; Sober Driving / Against Drunk Driving</td>
<td>P.O. Box 397, Stn. A, Brampton, ON L6V 2L3 1-905-793-4233</td>
<td><a href="http://www.add.ca">www.add.ca</a></td>
</tr>
<tr>
<td>Canadian Centre on Substance Abuse</td>
<td>75 Albert Street, Suite 300, Ottawa, ON K1P 5E7 (613) 235-4048</td>
<td><a href="http://www.ccsa.ca">www.ccsa.ca</a></td>
</tr>
<tr>
<td>Centre for Addiction and Mental Health</td>
<td>171 Queens Avenue, London, ON N6A 5J7 Local: 519.433.3171 Toll Free Info: 1.800.463.6273</td>
<td><a href="http://www.camh.net">www.camh.net</a></td>
</tr>
<tr>
<td>Drug and Alcohol Registry of Treatment</td>
<td>231 Hyman Street, London, ON N6A 1N6 1-800-565-8803</td>
<td><a href="http://www.dart.on.ca">www.dart.on.ca</a></td>
</tr>
<tr>
<td>Mothers Against Impaired Driving</td>
<td>1470 Glenora Drive, P.O.Box 27066, London, ON N5X 3X5 (519) 645-1350</td>
<td><a href="http://www.maddlondon.com">www.maddlondon.com</a></td>
</tr>
<tr>
<td>Ontario Drug Awareness Partnership</td>
<td>1501 Mount Pleasant Rd., Toronto, ON M4N 2V1 1-800-746-3852</td>
<td><a href="http://www.odap.org">www.odap.org</a></td>
</tr>
<tr>
<td>Ontario Students Against Impaired Driving</td>
<td>5770 Hurontario St., Suite 507, Mississauga, ON L5R 3G5 1-877-7067243</td>
<td><a href="http://www.osaid.org">www.osaid.org</a></td>
</tr>
<tr>
<td>Student Life Education Company</td>
<td>1350 Weston Road, Toronto, ON M6M 4R5 (416) 243-1338</td>
<td><a href="http://www.bacchus.ca">www.bacchus.ca</a></td>
</tr>
</tbody>
</table>
### Helpful Websites

<table>
<thead>
<tr>
<th>Website</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td><a href="http://www.adstv.on.ca">www.adstv.on.ca</a></td>
<td>• An important web site to go to if concerned about your own substance use/gambling, or someone else's</td>
</tr>
<tr>
<td><a href="http://www.canadian-health-network.ca">http://www.canadian-health-network.ca</a></td>
<td>• Health information on a variety of topics</td>
</tr>
</tbody>
</table>
| www.freevibe.com                | • Get the low down on drugs  
  • Hang time: what to do without drugs  
  • Anti-drug: that thing that is more important to you than using drugs                                                                 |
| http://www.nida.nih.gov/        | • Heads up: real news about drugs and your body  
  • Drug facts and personal stories from teens who have used drugs                                                                             |
| www.safegrad.com                | • Designed to help students plan safer celebrations, not just for grad or prom but throughout the year  
  • Presents ideas, links, and information for student leaders and planners                                                                      |
| www.virtual-party.org           | • Everyone likes to have some fun, right? Sure! But, there are things that you need to know and think about if you are going out partying.  
  • The virtual-party is an interactive resource, written by young people.  
  • Make some choices and pick up some pointers on how to keep the harm out of your party-style.                                                |
<table>
<thead>
<tr>
<th>Name</th>
<th>Location</th>
<th>Telephone No.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Marla Banning</td>
<td>Centre for Addiction &amp; Mental Health</td>
<td>433.3171x8106</td>
</tr>
<tr>
<td>Rob Black</td>
<td>London Police Services</td>
<td>661.5890</td>
</tr>
<tr>
<td>Joyce Castanza</td>
<td>Middlesex-London Health Unit Sexual Health Promotion Team</td>
<td>663.5317x2287</td>
</tr>
<tr>
<td>Susan Gowan</td>
<td>Bud Gowan Formal Wear</td>
<td>672.6210</td>
</tr>
<tr>
<td>Sandra Ham-Manfredi</td>
<td>St. Joseph’s Catholic Secondary School</td>
<td>631.2392</td>
</tr>
<tr>
<td>Christine Hughes</td>
<td>Sexual Assault Centre London</td>
<td>439.0844x26</td>
</tr>
<tr>
<td>Pam Longworth</td>
<td>Middlesex-London Health Unit</td>
<td>663.5317x2252</td>
</tr>
<tr>
<td>Chair 2004-05</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Ron Newnes</td>
<td>Strathroy District Collegiate Institute - TVDSB</td>
<td>245.2680x200</td>
</tr>
<tr>
<td>Pauline Newton</td>
<td>MADD London Chapter</td>
<td>645.1350</td>
</tr>
<tr>
<td>Denise Polgar</td>
<td>IMPACT (Impaired Minds Produced by Alcohol Cause Trauma- London Health Sciences Centre)</td>
<td>685.8500x75339</td>
</tr>
<tr>
<td>Jayne Scarterfield</td>
<td>Middlesex-London Health Unit</td>
<td>663.5317x2223</td>
</tr>
<tr>
<td>John VanDommelen</td>
<td>London District Catholic School Board</td>
<td>663.2088x2400</td>
</tr>
<tr>
<td>Kelly Vanderhoeven</td>
<td>County of Oxford Department of Public Health &amp; Emergency Services</td>
<td>539.9800x247 (Toll free: 800.755.0394)</td>
</tr>
<tr>
<td>Kristen VanLondersele</td>
<td>Elgin St. Thomas Health Unit</td>
<td>631.9900</td>
</tr>
<tr>
<td>John Warkentin</td>
<td>Ministry of Transportation of Ontario</td>
<td>873.4420</td>
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Who are we?

We are a community coalition of concerned professionals from the following organizations:
- Bud Gowan Formalwear
- Elgin-St. Thomas Health Unit
- IMPACT Program-LHSC
- London Professional ParaMedic Association
- London District Catholic School Board
- Middlesex-London Health Unit
- Ontario Ministry of Transportation
- Oxford County Board of Health
- Parent, Student, Teacher and Community Volunteers
- Peer Power Centre
- Provincial and Local Police Services
- Sexual Assault Centre London
- Thames Valley District School Board

To Reach Us:
goto www.safegrad.com and click on “brought to you by...” or contact

Our Mission...

To equip high school students with information, skills, peer support and community support to plan safer celebrations, not just for grad or prom but throughout the year.

We encourage YOU to:
- always Plan wisely...
- Anticipate the consequences...
- be Responsible...
- Take charge & consider that the future is Yours....

PARTY WELL!

What students are saying...

“This program really made a huge difference to our planning- thanks so much! Keep it up please.”

“The trade fair gave us some fantastic ideas and so motivated us to plan well.”

“We appreciated learning more from others on what can happen and how to avoid BIG problems-website is great!”

“At the workshop, it’s great to talk to and learn from kids in other schools.”

This brochure was produced with support from the Government of Ontario.

...designed to help students party safely

www.safegrad.com

an initiative of the Elgin, London, Middlesex and Oxford County Health Units and other community partners
Introduction...

In 1993, the Mayor’s Task Force on Drugs in London, Ontario addressed community concerns regarding teen alcohol abuse, impaired driving, increased drug use, poor sexual choices, vandalism, and violence at celebrations throughout the year, especially at prom and graduation. An annual program was developed in order to bring student leaders and planners to address these issues. The program, which is now coordinated by the health units, includes all the high schools in the London District Catholic School Board and the Thames Valley District School Board. The model is so successful that it is duplicated throughout Ontario and highlighted at many conferences. Our goal is to reduce injuries due to drug and/or alcohol use for both the students and those who may be affected by their choices.

Projects...

PROM/GRAD TRADE AND FASHION SHOW... in late fall. This after-school event is sponsored annually by Bud Gowan Formalwear. It provides the opportunity for students to meet a variety of businesses and agencies interested in helping them plan fun, exciting and safe parties. The fashion show features student volunteer models from a variety of schools who also participate in the planning of it. The SAFEGRAD message is woven throughout the show, demonstrating practical ways to promote positive messages in your school. The event is free of charge and all members of the prom committee may attend. Over 200 student leaders come to this event annually. Registration information is sent to the schools in mid-October.

WATCH FOR IT!

...and more

THE SAFEGRAD WORKSHOP... in early Spring brings the planners together for a dynamic day focusing on many practical ways to plan a safe celebration. Student leaders share ideas and concerns with other students and professionals in health, business, law, education, transportation and party planning. They interact with the students to share their expertise. Motivational presentations raise the issues in entertaining, thought-provoking ways. www.safegrad.com... Our website presents ideas, links and information for student leaders and planners. Your input and ideas are always appreciated. Ask us about links.

RESOURCE NETWORK... The committee can help with speakers, posters, information, health fairs, videos, free invitations, fundraising ideas, presentations - all kinds of things to help plan safer celebrations.